

Dear visitor,

We have so much to be thankful with God and with you for partnering with Predisan Health Ministries this 2023. We are preparing everything so you can have a good experience with us serving Honduran people. This letter is to give you a general update.

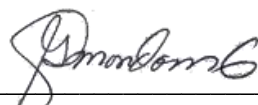
In regards to visitors, Palmerola International Airport (XPL) located in Comayagua, Honduras, is the current official arrival and departure point for all international flights since December of 2021. The airlines flying from the United States into this airport are: American Airlines, United Airlines, Spirit, and Copa Airlines. Comayagua is 5 hours from Catacamas, unlike Toncontin airport, which was 4 hours away. However, the road is in better conditions.

The Center for Disease Control and Prevention (CDC) has issued a Level 1 Travel Health Advisory for Honduras, indicating the practice of usual health precautions to travel.

1. Predisan strongly recommends that every visitor be fully immunized against COVID-19 before coming to Honduras.
2. Visual proof of full vaccination for Covid-19 is still required at the point of entrance. However, also according to the government mandate, passengers who cannot provide proof of full vaccination must hand-carry the negative test results for a rt-PCR, Antigen or ELISA COVID-19 test taken less than 72 hours before entering Honduras. Passengers must show the test results at check-in at the airport.
3. Honduran authorities required immigration and customs online pre-checks before your arrival. Follow this link for the immigration pre-check: <https://prechequeo.inm.gob.hn/Login>. Follow this link to customs check-up to <https://sistemas.aduanas.gob.hn/Pech/#/conectarse>.
4. Please, fill out and send the medical release forms at least 15 days before the visit, especially if you have a diagnosed illness that requires clearance. The Predisan's Medical Coordinator will analyze the health conditions and risk factors to give final authorization or to have the appropriate preparations in case of need.
5. Masks are no longer mandatory in Honduras, but they are still required in health centers. Please, bring your Personal Protective Equipment for your trip: masks, hand sanitizer, and toiletries.
6. Our international travel insurance does not cover situations related to the COVID-19 virus. You are invited to obtain your own international travel insurance that covers COVID-19 besides what our organization provides.
7. While Predisan would do anything to help you in the case of a COVID 19 infection, every visitor must sign a consent form where visitors assume all risk, treatment's cost, stay and return if necessary. Visitors would exempt Predisan of responsibility.
8. Visitors must agree to comply with the Predisan established security protocols. It will be presented in a written packet prior to the trip.
9. Before your trip, the check has to be sent to our office in Atlanta (see the address in the head of this letter) or make the online in payment in the "Donate" button at www.predisan.org. This is an important step so we can prepare everything for your mission in Honduras. Please, do it at least 15 days before the visit.

If you want more specific updates we can schedule a zoom call with you. Your support and presence are very needed and more important than ever. Together, we are stronger. Looking forward to having you here.

In Christ's love,



Amanda Madrid, MD, PhD
Chief Executive Officer
PREDISAN