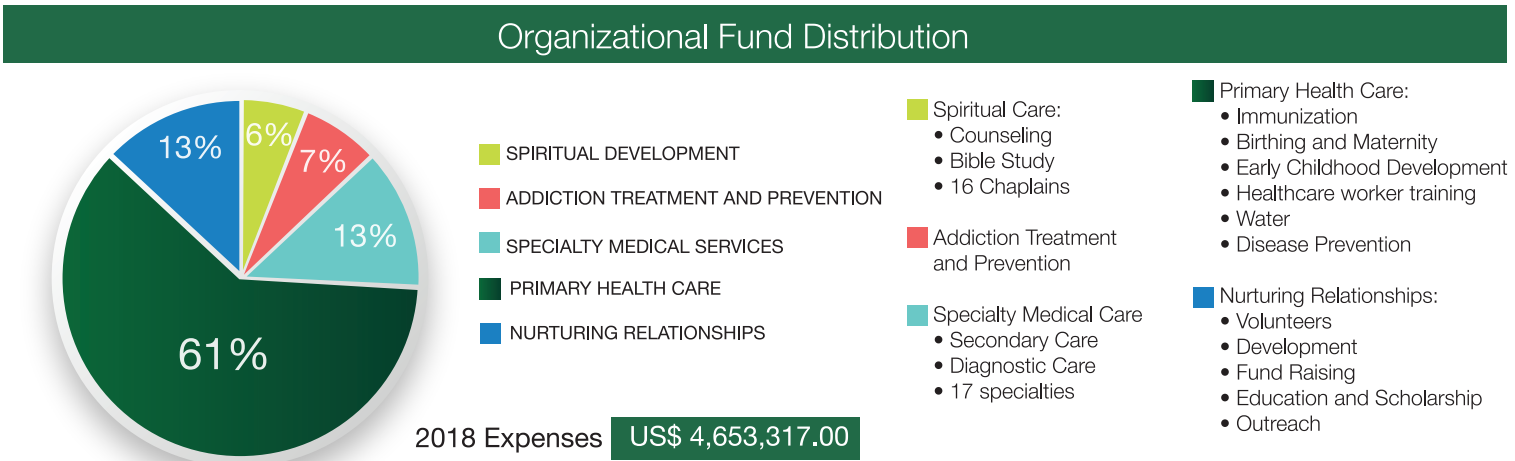
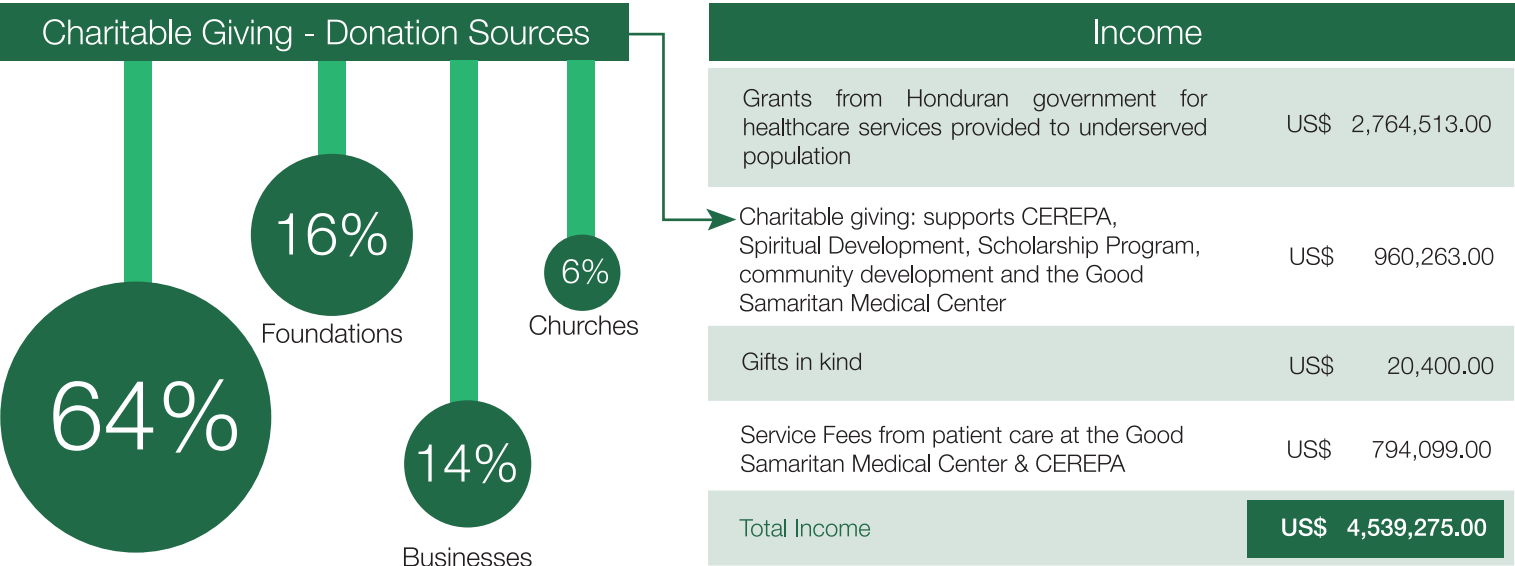


**Just one visit to Honduras** early in their careers inspired Edwin Trevathan, MD, MPH, and his wife Linda, RN, NP, to commit their family vacations, expertise and resources to Predisan. They have esteemed circles of influence and credentials, but their benevolence continues through volunteer consulting, serving on the Board of Directors and as goodwill ambassadors among friends and peers. We give tribute to them as loyal friends. Their example, along with other committed donors, energizes us to fan into flame God's Spirit of power and love even through tough days and difficult seasons.

*"Predisan has been one of the most fulfilling things Eddie and I have been involved in during our 41 years together. We are continually humbled by the work of the people of Honduras and grateful for the relationships formed because of our connection with Predisan."* —Linda Trevathan, NP, Nashville, TN.



We commit to good financial stewardship including an annual audit by an outside accounting firm, both in the USA and in Honduras. We submit ourselves to the oversight of ECFA (Evangelical Council for Financial Accountability.) Of equal importance, we provide this report the financial management and faithful support of generous donors.

## Endowment

*Fanning the flame for future generations*

**Thanks to generous gifts and earnings from investments, our endowment has grown to \$400,000 and is at work impacting lives. Two purchased solar-powered refrigerators store critical vaccines in rural clinics. The funds invested in training auxiliary nurses are preparing professionals for hard-to-staff rural communities. Please participate in Predisan's endowment and consider designating a gift in your estate planning.**

## Leadership vision – looking forward

Dear Friends,  
Please receive my heartfelt appreciation for your investment in the exciting and expanding mission of Predisan. Your encouragement, friendship, prayers and labor of love through visits and financial gifts fan the flame of opportunity and hope. Our people get a glimpse of the face of God as they see decreased maternal and child mortality in their communities, access to improved education for their youth, wells giving clean water, lives recovered from addiction, and joy in Jesus's truth.

This year I had the opportunity to learn up-close about the health system of our country. This eye-opening experience convinced me that Predisan's professional and spiritual influence is needed more than ever. Please join us in prayer, skills and resources to brilliantly shine forth God's love and kingdom come.

**Amanda Madrid, MD, MPH, PhD**  
*Predisan CEO*



**Keydy Flores is a testimony** to the mutual impact of Predisan culture with its team members. She became an employee 20 years ago, fresh from secretarial school, ready to contribute her skills and vibrant personality. Through her dreams and dedicated efforts, she gained encouragement to achieve personal and professional goals. Now, having completed a Master's in Finance, she serves as our efficient leader of the accounting team.

*"I am grateful for Predisan, which served as an inspiration to begin my personal transformation. God strengthened my faith and refined my values while making me a better wife, mother, and employee. I have a vision of Predisan extending her stakes to new territory during the next five years. The workers are few, and there remains much to do. I invite you to be a part of what God is doing with His resources."*

*Keydy Flores, Chief Financial Officer*

**OUR MISSION AND VISION**

**Predisan exists as a Christian healthcare organization so that individuals and populations in the Predisan service area experience wholeness – physical, spiritual, social, economic and environmental health – according to God's redemptive plan.**



*"What a pleasure it was to spend time with the Predisan leadership team. ...I find comfort in knowing that the future of the ministry is in the hands of these wonderful people."*  
—Shane Jackson, President, Jackson Healthcare, Atlanta

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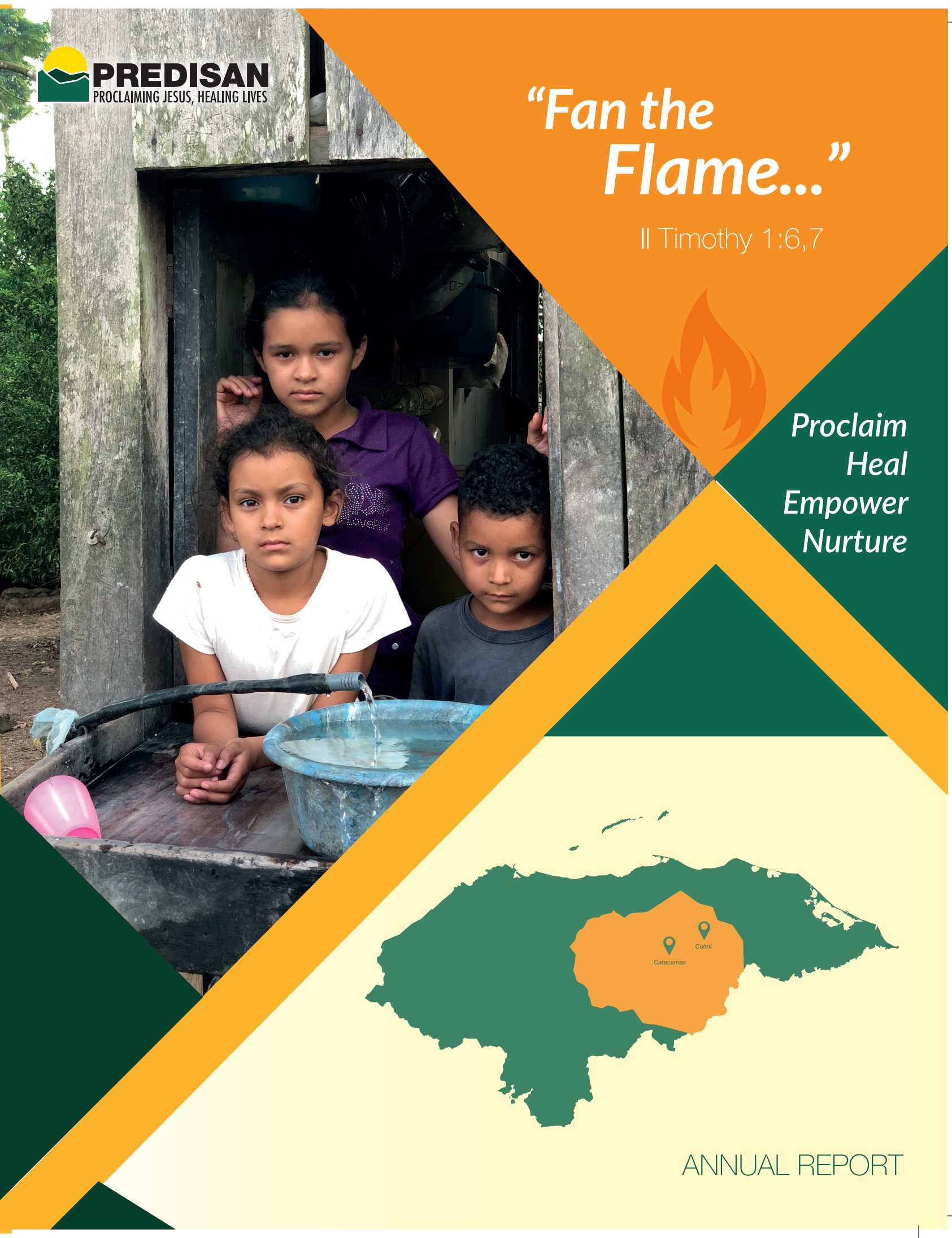


**"Fan the Flame..."**

II Timothy 1:6,7



**Proclaim  
Heal  
Empower  
Nurture**



ANNUAL REPORT



# Saving and Transforming Lives in Honduras

★ *Through Predisan's Star Mother Strategy*

*"Predisan has provided great advances in the health system, and has demonstrated how to provide quality and efficient health services," said Dr. Hugo Godoy, Inter-American Development Bank Officer.*



## Honoring God

*Fanning the Flame by Proclaiming Jesus*

Our faith in a loving God compels us to pursue good for others despite hardship and challenges. Most Hondurans claim faith religiously or culturally, but many have not experienced the truth and hope of God's love story through Jesus.

Our holistic approach to health revitalizes the faith of many patients and matures our staff in their walk with Jesus. Predisan's 16 chaplains and healthcare teams work alongside patients and families to embody God's love through prayer, counseling and ministry. Your generous investments allow us to make an impact through:

- Devotional messages for patients
- Pastoral networks and worship events that unite churches
- Youth retreats and classes
- Pastoral counseling
- Bible studies and formation workshops

*"Predisan taught me about the true nature of God... and how to love others who are different than me. Volunteering with Predisan changed my life and allowed me to develop the skills that God can use through me."*

—Austin Parsons, volunteer, Abilene Christian University

## Healing Lives

*Fanning the Flame of Wellness and Hope*

Overcoming cultural barriers and poor infrastructure, we are committed to deliver health services to urban, marginal and rural communities in Olancho's remote regions serving a population of 160,000. The holistic approach and primary healthcare strategies have gained both national and international recognition for the impact.

Over 300 full time staff and community leaders push forward to provide diverse care and health promotion through a total of 37 health units, including:

- 34 community health centers
- The Culmi birthing center
- The Good Samaritan Medical Center with medical and surgical specialties
- The Center for the Rehabilitation of Patients with Addictions (CEREPA)

*"The certificate of Excellence that CEREPA has earned goes only to programs that have achieved the highest possible degree of fidelity to the Model. We are aware of how much dedication, hard work and professional expertise it takes to create and sustain a program like this."*

—Ahndrea Weiner, Director of Training Matrix Institute

## Empowering Communities

*Fanning the Flame of Purpose and Participation*

"I am Predisan; I count." These words embody Predisan culture, which our employees embrace and share with their communities.

When a person internalizes God's love and gifts of dignity and purpose, they are empowered to rise above the depths of poverty and insecurity. People are able to uncover their talents, recognize opportunities and unite for the common good.

Together, we work to promote values that build character and leadership. Staff, volunteers, community leaders and donors like you join efforts to:

- Teach values and improve health for 1,000 children in 57 schools
- Build clean water projects
- Collaborate with families to build home latrines
- Provide 160 scholarships for at-risk students who hope to graduate, gain employment and improve the lives of their families

Because of your participation, 19 high school students graduated in 2018!

*"Words cannot convey my gratitude for all they are doing to help so many people. I am now a member of the Predisan family and look forward to going back soon to spend some more time!"*

—David M. Bass, Assistant Dean, Lipscomb University

## Nurturing Relationships

*Fanning the Flame of Friends and Partners*

Building relationships expands our capacity, broadens opportunities and strengthens commitment to our God-driven mission. We embraced nearly 200 donors, volunteers and consultants from the U.S. in 2018. They contributed their skills, time and joy as they worked alongside staff, patients and/or community groups to encourage and enrich our programs.

In addition, collaborative partners and friends of like interest in Honduras and U.S. create a network for greater professionalism, spiritual support and sustainability. They include:

- Local and U.S. churches
- Civic and faith based organizations
- U.S. foundations and universities
- Local governments, communities & schools
- Honduras Ministry of Health

The financial undergirding for the mission is provided by generous donors in the U.S. and grants through the Honduras Ministry of Health. We trust God's leading and provision as we go forward. Together, we aspire to mutuality in shared benefits and service for hurting families, developing communities, dedicated staff and honorable partners near and far.

*"I went to Predisan after I graduated from college. It was the most impactful experience I've had... It still motivates me to support them 20 years later."*

— Mark Somervell, Donor

 **+15,000**  
spiritual interactions



 **227,683**  
patient encounters

 **+56,000**  
first-time patients



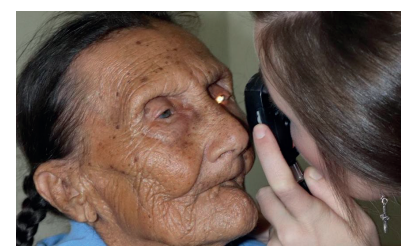
 **19**  
graduates

 **160**  
scholarships

 **360**  
communities to serve



 **+21,000**  
volunteer service hours



*Predisan is working to improve a grim reality by motivating and educating mothers through its Star Mother strategy.*

High mortality during pregnancy, child birth and postpartum is the feared reality in many low-income, developing countries like Honduras. Crude infrastructure and lack of access to quality healthcare leave many families without basic services and support.

*Improving Prenatal Healthcare*

Ledy Centeno lives eleven hours from the birthing center in Culmi, a trek needing partial travel by horseback. Predisan's nurse at the nearer community health center motivated her to enroll in the Star Mother initiative and begin prenatal care.

Nearing the ninth month, Ledy, her husband and five year old daughter traveled to Culmi where they were given a comfortable stay in the maternal home. There she had access to holistic care in preparation for baby's safe arrival: daily devotionals, birthing classes, and medical attention. This welcomed reality brought her baby safely into the world. When discharged, Ledy received with big smiles and wholehearted gratitude the Star Mother Certificate, baby's photo and a kit of newborn supplies.

*Committed to the Mission*

The Star Mother Strategy has earned international recognition for its proven outcomes to reduce mother and infant mortality, increase safe deliveries and promote health.

