

PROCLAIMING JESUS, HEALING LIVES



PREDISAN
PROCLAIMING JESUS, HEALING LIVES

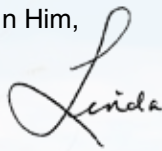
www.predisan.org/hope

A Note from our CEO

I experienced Mission Predisan for the first time on a survey trip to Catacamas, Honduras in the early 1990s'. The lack of healthcare, the need for basic provisions such as clean water, and the knowledge that individuals did not have opportunity to address these concerns due to so many factors beyond their control had a huge impression on me. As a mother of three young boys myself, I could only imagine having a sick child with severe diarrhea or fever from malaria and not having any available water unless I walked to the river to carry it home! Returning to my comfortable home in Atlanta, Georgia, and my three healthy, parasite free children, it became clear to me that I had a responsibility to reach out beyond my own everyday experience. The words of Jesus in Luke 9:2 spoke to me, personally, as I confronted the needs of people just like me living in another country.

20+ years later, I remain committed to serving with Mission Predisan as we strive to enable those who need it most in the developing nation of Honduras to achieve spiritual and physical healing. I invite you to join hands with us as Mission Predisan continues to preach and to heal. You will be blessed beyond measure and gain a new perspective on your own life journey by sharing your physical treasures for an eternal purpose.

In Him,



Linda Trevathan

*...and he sent them out to proclaim the kingdom of God and to heal the sick.
(NIV) - Luke 9:2*

OUR VISION

As a Christian organization our vision is to see people **EXPERIENCE WHOLENESS**: physical, spiritual, social, economic and environmental health.

THE PROBLEM

Men, women and children – families – suffering from:

- preventable disease, and a lack of basic healthcare and nutrition
- living without the hope that faith in Christ provides
- a limited vision of the future, restrained by a lack of education and economic opportunity

OUR SOLUTION

To be Christ's hands and feet in partnership with donors and volunteers in health services, education, and other actions that **TRANSFORM** the **LIVES** of people, empowering them to pursue complete **WELLNESS**.

MISSION PREDISAN

In 1986, when our founding missionaries went to serve in Honduras, the goal was to teach basic health care principles and techniques to community health volunteers in Catacamas and to nearby mountain villages. Then, death from preventable disease and infant mortality were common. Today, Predisan employs more than 80 Hondurans who, as God's instruments are transforming lives through their communities. We equip and empower local leaders to form Community Health Committees that collaborate with us to achieve sustainable wellness.



AS GOD WORKS THROUGH US, WE:

- Testify the gospel of Christ through teaching and service
- Deliver quality healthcare at an accessible cost
- Provide rehabilitation for substance and alcohol abuse and dependence; family counseling and drug prevention activities for youth.
- Foster safe and healthy environment for mind, body, and spirit through community development and education initiatives
- Pursue strategies towards the sustainability of our programs
- Provide opportunities for missionary experience and volunteer service for visitors and future missionaries



WHAT MAKES US DIFFERENT?

WE EMPOWER AND EQUIP PEOPLE – HELPING THEM REACH
THEIR GOD GIVEN POTENTIAL – SO THAT THEY TOO CAN
PROCLAIM JESUS AND HEAL LIVES IN THEIR COUNTRY.

HONDURAS

OUR THREE AREAS OF MINISTRY OBJECTIVES:

- Healthcare
- Spiritual Outreach/Formation
- Community Development



HEALTHCARE: HEALING BODY, MIND AND SPIRIT

Heeding Christ's call to heal the sick, Predisan mobilizes a trained staff of nearly 80 professionals, along with volunteers, to deliver high-quality, primary healthcare to more than 24,000 patients last year. Our clinics in Catacamas and the rugged mountains to the east provide the kind of basic care – and hope – many Hondurans would simply go without: immunizations, dentistry, physical therapy, diagnostic services and preventative educational programs. In addition to the Good Samaritan Family Health Center and a Catacamas barrio clinic, patients visit five mountain clinics that serve 53 communities. At, CEREPa, the Center for Rehabilitation of Patients with Addictions, those struggling with substance and alcohol abuse and dependence receive comprehensive, inpatient care that knits together a 12-step program with a Christian focus.

USA VOLUNTEERS

Men and women from across the United States join hands with Hondurans year-around through Predisan. Mission teams and medical “brigades” **BECOME THE HANDS AND FEET** of Christ helping to build clean water systems and clinics; providing specialized medical care; and training our local partners to be more effective. In short, they help change lives and communities. In return, these volunteers are blessed a thousand-fold with rich connections, priceless memories and a deepened perspective for their own spiritual journeys.



WE LOVE OUR VOLUNTEERS!



A GIFT OF SIGHT

Today, Oscar Matute is an engaging 13-year-old who aspires to be a police officer. But just six years ago, his future was uncertain. He was nearly blind with cataracts in both eyes.

In May 2007, his mother visited the Good Samaritan clinic in Catacamas because she had been worried for Oscar, a special needs child who seldom spoke. His frequent falls. His inability to learn to write. His family knew his vision was failing but didn't know what was wrong or how to help.

At the clinic, Dr. Mark Kapperman, a volunteer with a Predisan medical brigade, gave them hope. Oscar had cataracts in both eyes that needed surgery soon – and he would get it. Dr. Kapperman helped arrange for the procedure in the United States and even a stay with a host family.

Today, Oscar can see, and his mother is grateful to the doctor and all the volunteers who helped make it happen. “Thanks to them,” she says, “he has a better life, and thanks be to God, he can finish his studies.”

It's the kind of life-changing work Dr. Kapperman, a Chattanooga, TN optometrist, has been returning to Honduras to do for the past 12 years: “I come back because the Lord has given me the gift to be an eye doctor, and out of love for him, I am compelled to give to others.”

He chooses to share his gift through Predisan because it “is tremendously well organized and positioned to reach those in need in Honduras,” Dr. Kapperman says. “They present a wonderful opportunity to serve and so doing receive great blessing. I see Christ at work in Predisan.”

Medical specialty brigades – volunteers who are gynecologists, general surgeons, optometrists, ophthalmologists, pediatricians, dentists or doctors of other specialties – are a vital part of Predisan's service to the people of Honduras.

“It is gratifying to be able to help people in changing their lives and help them to see better,” Dr. Kapperman says. “It is a tremendous feeling of excitement to find a patient we can really help to recover vision that they did not have before.”

And for that, Oscar simply says “Thank you.”

THERE IS A HOPE



Fredy Garcia's world was wrapped up in money, high-level friends and life's "luxuries." It was also being destroyed by alcohol and drugs. It would take debt, desolation, the love of his 95-year-old father – and CEREPA – to turn his life around.

When Mr. Garcia moved back to Honduras in 2004 after six years in the United States, he was wealthy. His lifestyle came with expensive property, gun-toting bodyguards and lavish parties. "Friends" introduced him to pure cocaine. He was hooked.

"After this, I purchased it myself, one or two ounces a week," he recalls. "I started to share with friends, drugs and drinks. This, not knowing I was going into an abyss of debts."

He says he dwelled in pride, power and conceit. But in a few years, he had squandered nearly all of his money and property on his addiction. He began to get paranoid, believing it was safest for him to sleep during the day.

During its 25-year history, CEREPA has served more than 2,700 patients from all parts of Honduras, areas of Central America, and from the United States. Its treatment plan includes a 12 to 15 week stay and melds a 12-Step program with a Christian focus and includes crucial outpatient follow-up.

Mr. Garcia told his family about the center, and they arranged for him to be admitted the next day.

Still, he fought the treatment. He was admitted high on drugs and alcohol, waking up after three days of stupor. He fought the therapies and therapists and even went on a hunger strike for three days. After 43 days, he says, "I woke up to my reality and did a reflection, and accepted that I had problems and that I had to make a decision to solve them."

He began to take an active part in the program with the support of his family. He was released after 80 days of treatment. He continues to visit the center for support, and he says he has introduced at least 30 other people, many he has taken himself, to CEREPA.

"Even today it has not been easy," Mr. Garcia says. "But I have learned to face my reality . . . to change my life in all the aspects I can imagine. With God's help, I want to continue in sobriety. There is a hope. Your life can change."



THE HARD WORK OF NEVER GIVING UP

Gilberto Mejia was slowly running out of options—and his ability to walk. The pain in his knee caused by osteoarthritis was making it difficult to move. With so much time in bed, the 63-year-old was losing mobility in both legs.

He visited doctor after doctor and one of Catacamas' hospitals, only to hear that surgery was the only option. After four months of specialists and even a visit to a rehabilitation center, he showed little improvement. That's when, this past July, he heard about Predisan's Good Samaritan Clinic.

He arrived in a wheelchair, accompanied by his son. Our physical therapist, Prady, began working with Mr. Mejia immediately, and every day they worked on restoring his legs. First, the exercises were passive, because of the pain. Then, they practiced techniques for pain management. Gradually, the pair worked up to more active exercises, with Mr.

Mejia using weights to strengthen his legs. He began using the clinic's stationary bike, and slowly starting practicing walking up and down stairs.

At first, he needed a walker. Then, a cane. Finally, after about 6 months of treatment, Gilberto Mejia was able to walk unassisted.

Recently, a sweaty Mr. Mejia appeared at the Good Samaritan Clinic, looking for Prady. Having just come from working in the fields, he wore his sombrero, his face red from exertion. He presented Prady with a plastic bag full of 16 eggs, all wrapped in newspaper. But he didn't have much time to talk, as there was still work waiting for him in the fields. He just wanted to say thanks.

GOOD SAMARITAN CLINIC



SPIRITUAL FORMATION: SPREADING THE WORD AND GROWING IN FAITH

Working and walking with Christ, Predisan's programs and volunteers hope to spread the Good News of God's unconditional love through word, deed and example. Training, discipleship and leadership development programs. Counseling sessions. Thirty-minute devotionals. Our chaplains collaborate with locals, churches and faith-based organizations to help confront brokenness and poverty at their roots. Through marriage conferences, conflict resolution training and youth events, we strengthen Christ-centered families and build stronger community values. We work to minister to the whole person, to improve the lives of Hondurans physically, emotionally, and spiritually. With Christ before us, we work to help residents create a place where they realize the hopes and dreams of a better tomorrow for themselves, their families, communities and country.

UNITING A FAMILY

Sometimes, families have to be reminded about what they mean to each other. That's the case that Juan Carrasco, one of Predisan's mountain chaplains, ran into recently when one of the nurses in the clinic told him there was a young woman with some family problems who could use some counseling.

The woman, 17, was visiting the center with her 6-month-old baby. She told Carrasco she and her husband were never happy and always fighting. He happened to be at the clinic with her. "I called him to come, and I talked together with both of them," the chaplain recalls. "He expressed that he wanted to be with his wife and his baby, but there was this problem."

The man didn't want to elaborate. But Carrasco insisted. It was his mother. She was uncomfortable with the couple's relationship, and that was causing discord. Coincidentally, she was at the clinic that day, too. "We took advantage of it, and we called her to join the conversation, which became a counseling session," Carrasco says. "I talked to the mother and explained what her role was as a mother, grandmother and mother-in-law."

The counselor and staff followed up with the family, visited with them, and shared the Gospel and devotionals.

Now, everywhere they go, they are together, Carrasco says. And they thank God – and Predisan – for showing them the path toward being a happy family, an extended family.



COMMUNITY DEVELOPMENT: GROWING INTO THE FUTURE

We walk alongside families in Catacamas and 53 mountain communities to empower them to create their own sustainable solutions and strong, vibrant communities. We focus on **HEALTHY COMMUNITIES**, **HEALTHY SCHOOLS** and **SCHOLARSHIP** education. We set high expectations for our partners and forge relationships with groups, agencies and health organizations to develop projects we know will bear fruit. An improved sewage system can prevent diseases for years to come. A village water system and system of latrines can keep families safe. The Scholarship Education Program for youth in Catacamas and in the mountains helps lay a foundation for the future. Families rise to the challenge, committing their own time and resources to projects that benefit them and their prospective leaders - their children.

PROJECT GIVES HOPE: PRIDE

In the rural community of Los Ejidos, something many of us take for granted, something we ingest every day, is a connection to health, prosperity and pride. A new, clean water well.

This humble barrio of about 180 people in the shadow of the Sierra de Agalta Mountains, just 10 kilometers from Catacamas, is basking in the glow, and health, of a recently installed water development project. The project took about a year to complete and became operational early this year.

Locals say having abundant, safe water has begun to attract more people interested in living in the area. And they plan to use this good fortune wisely, caring for the project and making sure water is conserved.

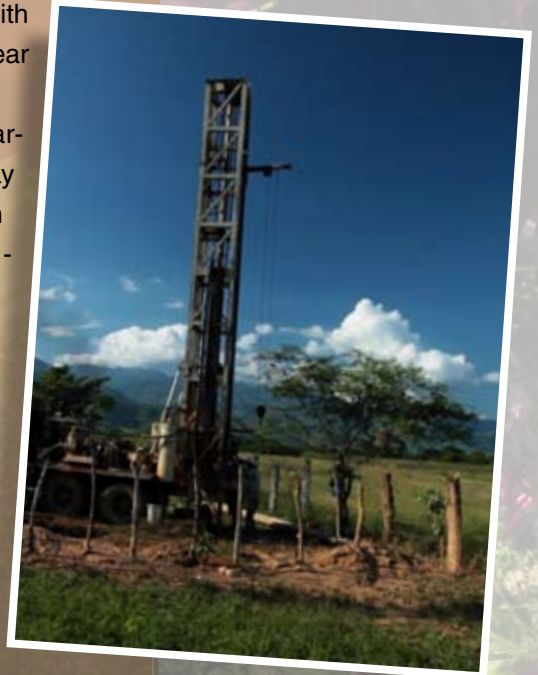
"We do not have enough words to thank," says Angel Espinal, pastor of a local Catholic church, "just that the doors of our house are open to receive the donors and volunteers whenever they want to come again."

A CHANCE FOR EDUCATION

Delia Herrera has been a cashier in a Predisan pharmacy for four years. Thanks to a vocational scholarship, she is now aspiring to become a lab technician.

Without the help, she wouldn't have been able to continue her university studies. The 26-year-old is in her second year at UCENM (Universidad Cristiana Evangelica Nuevo Milenio).

"I thank God and Predisan," Herrera says. "I am sure that my life has changed for good for my spiritual and professional growth. I feel blessed, committed and victorious."





GIVE HOPE AND HEALING TODAY **DONATE NOW**

www.predisan.org/givenow



GET STARTED, GIVE NOW.

TRANSFORM LIVES

- PROVIDE A CHAPLAIN WITH THE RESOURCES HE NEEDS** (Bibles, Boots, Jacket, Backpack) **\$ 200**
- SUPPORT A CHAPLAIN FOR A MONTH** **\$ 700**
- SUPPORT THE ANNUAL SPIRITUAL YOUTH RETREAT IN THE MOUNTAINS** **\$ 50**
- ASSIST VICTIMS OF DOMESTIC VIOLENCE WITH COUNSELING** **\$ 100**

DELIVER HEALTH AND HEALING

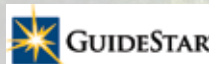
- 8 WEEKS OF LIFE CHANGING DRUG AND ALCOHOL REHABILITATION TREATMENT** **\$ 2,000**
- SUPPORT A PATIENT IN OUR BENEVOLENCE PROGRAM AT THE GOOD SAMARITAN CLINIC** **\$ 40**

BUILD HOPE THROUGH COMMUNITY DEVELOPMENT

- HELP KEEP A MOUNTAIN COMMUNITY'S WATER SUPPLY SAFE FROM DISEASE** **\$ 500**
- SEND A CHILD TO SCHOOL FOR A YEAR** **\$ 300**
- TRAINING FOR SIX HEALTH COMMITTEES** **\$ 1,500**



*A higher standard.
A higher purpose.*

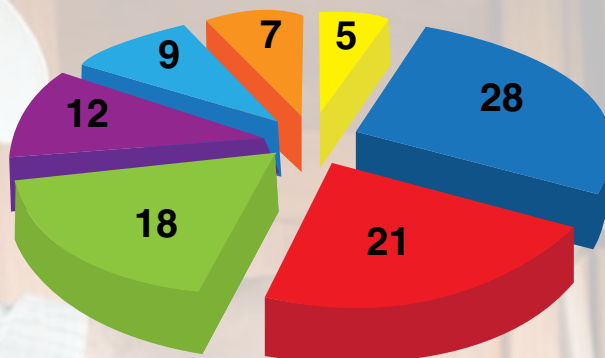


www.predisan.org/givenow

WHERE DOES MY DONATION GO?

Monies received by Predisan USA are given to the following ministry areas:

- Healthy Communities
- CEREPA
- Administration and Fundraising
- Good Samaritan Clinic
- Scholarships
- Spiritual Development
- Ministry Support



TRANSPARENCY

Predisan is committed to abiding by biblical principles of good stewardship. We are audited annually by an outside accounting firm to ensure we comply with applicable federal and state laws and regulations. We post our financial records on Guidestar (www.guidestar.org) and submit ourselves to the authority and oversight of the ECFA (Evangelical Council for Financial Accountability).

WE VALUE YOUR INVESTMENT

Every dollar counts. No matter how small your investment, we make sure it goes a long way. Don't forget to ask your employer if they will do a company match!

PREDISAN BOARD AND STAFF

PREDISAN-USA, INC. BOARD OF DIRECTORS

LINDA TREVATHAN, President (MO)
CATHY PIERCE, Vice President (TX)
PAULA GARRETT, Secretary (TX)
KENT TAYLOR, Treasurer (Ecuador)
DR. DAVID BRAGG (TX)
DR. GENE BRANUM (VA)
DR. ROBERT CLARK JR. (KS)
DR. KRISTIE CLARK (KS)
ANDY CRUM (OK)
MIKE COMBEE (GA)
DR. CLIFF FULLERTON (TX)
SHANE JACKSON (GA)
ERIC KING (OK)
LINDA KING (OK)
SABRINA C. MACDONALD (GA)
DR. JOHN PICKENS (TX)
ERIC THORNHILL (OK)

NON VOTING – HONORARY LIFE MEMBERS

BILL FRANKLIN (GA)
LARRY GEORGE (TN)

MISSION PREDISAN ASSEMBLY INCLUDES PREDISAN-USA, INC. BOARD AND THE FOLLOWING:

DORIS CLARK, Founding Missionary (GA)
JOE GLENN (GA)
KYLE HUHTANEN (GA)
DR. AMANDA MADRID (Honduras)
DR. ED TREVATHAN (MO)

PREDISAN-USA, INC. STAFF

LINDA TREVATHAN
Chief Executive Officer

KAREN RHODES
USA Development Coordinator

SHARON KEMP
Chief Accounting Officer

KEY MISSION PREDISAN STAFF

DR. AMANDA MADRID
Executive Director, Medical Director

JULIO BENITEZ
Director, Spiritual Development

KEYDY FLORES
Director, Administration

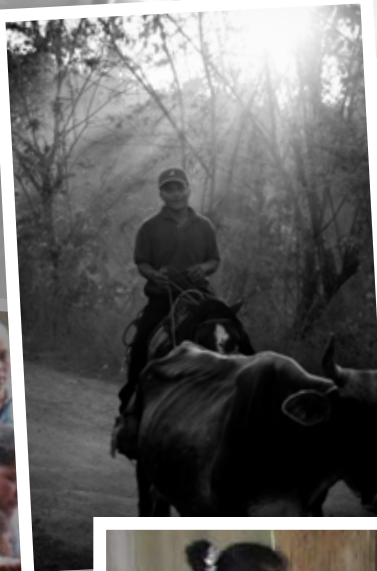
FRANK LOPEZ, RN
Healthy Communities Director

TERESA MEJIA
Coordinator of Visitors,
Groups and Volunteers

KARLA POSANTES
Psychologist, CEREPA Director

JESSALYN WARING
Director, Good Samaritan Clinic





P.O. Box 72618
Marietta, GA 30007
770-955-1512
www.predisan.org
[facebook/predisan](https://facebook.com/predisan)
YouTube.com/Predisan

